

In this health lesson students will learn about the risks and consequences of smoking tobacco. They will learn why tobacco is poisonous and addictive, learn about deceitful advertising, and learn the reasons why people smoke and the consequences from smoking. This lesson is a must for intermediate ages.

Lesson: The health risks of smoking tobacco

Grade Level: 5-6

Concepts: The risks and consequences of smoking tobacco

I. Instructional Objectives:

- The students will learn about tobacco
- Why is tobacco a poison and addictive
- The students will be exposed to deceitful advertising s
- The students will learn why some choose tobacco and the consequences of that choice

II. Materials: Paper, Construction Paper, Markers, Colored Pencils, Magazines.

III. Procedures

A. Introduction

-I will start by asking a few questions. "Do you know anybody that smokes?" How do you feel about that person smoking? Students, why do people start smoking? What have we heard about smoking? Is it all right for some to smoke? Does anyone know a person that has poor health because the individual chose to smoke?

- Read some facts to the class.

"Two to three thousand kids start smoking every day."

"The ad companies receive billions of dollars to persuade people to try their particular tobacco product. We need to we must combat the tobacco industry."

B. Learning Activities

-Have the children get into groups of threes or fours.

-The leader of the group will pick up some magazines.

-The students will then look through the magazines and find the cigarette advertisements then cut them out.

-After the kids are done cutting out the ads, they will look at these ads and describe them to each other.

-What do they notice? What are the ads trying to do? Are we attracted to the ads? If so why? Are they telling us

- The student groups will pick an ad that they can talk to the class about. Describe to us what they think is
- be portrayed in the advertisement.

- Hand out the creative materials. The kids will then draw and create an ad that is truly reflective of smoking.

- Show examples. While they are working on this project I will read and talk about the consequences of
spent, the poisons contained in tobacco when it is smoked and personal experiences.

C. Conclusion:

- Have the children show the pictures they drew or created and explain a little what they are showing.
- Perhaps more discussion if needed.

D. Extension:

- The students can write in their journals personal experiences they have had or concepts they learned.

IV. Evaluation:

- Listening to the students as they talk about the advertisements they cut out.
- Evaluate the creative works and drawings they did