

## *Lead Up Games - PE Lesson Plan*

The following activities can be done in a physical education classroom or just for fun. Lead-up games can be used as a warm up activity or a way to practice skills used in many sports. They are a way to transition from just practicing to playing the game. Lead-up games can be for just about any sport or skills including batting, pitching, throwing, catching, kicking, running, dribbling, shooting, guarding, passing, etc.

### **RUBRIC**

- 5: Completes task successfully with no errors.
- 4: Completes task at an above average level.
- 3: Completes tasks at an average level.
- 2: Tries but does not complete task.
- 1: Attends class, does not try.