

Three Legged Relay

Level: K and up

Objectives: Students will share and cooperate while participating in a relay

Equipment: One burlap sack per team

Procedures:

- 1) Divide class into two teams.
- 2) Divide teams into pairs.
- 3) When teacher blows whistle or on signal, first pair of students each put one leg into the sack.
- 4) The pair must walk as fast as they can to the turning point and return to their team so the next team can complete the task.

Suggestion: Have students start with inside leg followed by outside leg.

Assessment: Observation