

## Blanket Volleyball

Level: Grade 4 and up

Objective: Group cooperation

Equipment: Volleyball net, volleyball, several blankets or towels.

### Procedure:

- 1) Divide class into two even teams.
- 2) Have each team divide into pairs of two.
- 3) Each pair will have a towel or blanket. If you are using blankets, four to a blanket.
- 4) Follow usual volleyball rules, students will need to cooperate together to catch the ball in the towel or blanket and to throw the ball up by lifting the towel or blanket together.