

### Nine Court Basketball-Basketball

Level: Grade 3 and up

Objective: Practice guarding, dribbling, passing, and shooting.

Equipment: One basketball, masking tape, basketball court

Procedures:

- 1) Show students that basketball court is divided into nine areas.

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- 2) One player from each team is placed in each box.
- 3) The two players in the center box jump for the ball.
- 4) Without leaving their assigned boxes, the players pass and dribble the ball from box to box until a basket is scored.
- 5) This game can usually be played for about 30 minutes.
- 6) Each basket is two points.

Assessment: The team with the most points wins!